

WHAT IS CLAIMED IS:

1. A food supplement formulation, consisting essentially of:  
flaxseed oil; and  
lipase.
2. The food supplement formulation according to Claim 1, wherein the concentration of flaxseed oil ranges from about 97.0 weight percent to about 99.9 weight percent.
3. The food supplement formulation according to Claim 1, wherein the concentration of lipase ranges from about 0.1 weight percent to about 3.0 weight percent.
4. The food supplement formulation according to Claim 2, wherein the concentration of flaxseed oil is about 99.5 weight percent.
5. The food supplement formulation according to Claim 3, wherein the concentration of lipase is about 0.5 weight percent.

6. A food supplement formulation, consisting essentially of:

from about 97.0 weight percent to about 99.9 weight percent flaxseed oil; and

from about 0.1 weight percent to about 3.0 weight percent lipase.

7. The food supplement formulation according to Claim 6, wherein the concentration of flaxseed oil is about 99.5 weight percent.

8. The food supplement formulation according to Claim 6, wherein the concentration of lipase is about 0.5 weight percent.

9. A food supplement formulation, consisting essentially of:

about 99.5 weight percent flaxseed oil; and  
about 0.5 weight percent lipase.